



*wellbeing the central coast way*

You are invited to attend the launch of the Central Coast Council's health and wellbeing program  
'Opt-in. wellbeing the central coast way'



**When: Tuesday 29th September 2009**

**Time: 5.30pm – 7.00 pm**

**Where: Ulverstone Civic Centre, Gawler  
Room, Patrick Street Ulverstone 7315**

**Come along and see  
what we have in store  
for the next 3 years**

**Sign up for programs  
and activities!**

Please RSVP by Monday 14th September 2009 to:  
Kerry Gillard on 6429 8927 or  
[kerry.gillard@centralcoast.tas.gov.au](mailto:kerry.gillard@centralcoast.tas.gov.au)